



*Picking from the tree of learning.*

## Masonry...safe, economical AND INSPIRING!

Three-dimensional sculptures that push the limitations of brick.

Brad Spencer creates public art that intersects our daily lives and inspires personal interaction and interpretation. Shown above, "A Mindful Journey" involved 10 days of classroom time with the art students from West Columbus High School in Cerro Gordo, NC. The students helped with the concept and design and created the puzzle pieces that became part of this free standing sculpture on their school campus.

For more photos, [CLICK HERE](#).

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## Unconventional Stress Management Techniques

When it comes to seeking advice for **managing stress**, recommendations are a dime a dozen. Here are a few suggestions from **Masonry Magazine**:

- **Go Skydiving/Bungee Jumping** (for less thrill seekers, try indoor rock climbing)
- **Try Out a Rage Room**
- **Get a Haircut**
- **Learn a Language or Skill**
- **Volunteer**
- **Play Logic Games**



Curious to learn more? [Click here!](#)



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## Follow the "Yellow Brick Road" Cocktail

Whether you're a mom, mom-to-be, grandma, aunt, or BFF...it takes a village and we want to take a moment to honor you.

♥ In celebration of moms, let's click our glasses together and delve into a favorite cocktail based on a classic movie!

[Click here](#) for the recipe.

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